TRAIL RULES

- Helmets are required by all riders.
- Pack out what you pack in.
- Control your bicycle.
- Ride within your limits.
- Yield appropriately.
- Keep your distance from animals.
- Know your equipment, ability, area.
- Stay on existing trails.
- Respect other riders and hikers.
- Don’t ride when trails are very wet.
- Please don’t go off established trails in order to protect the natural vegetation.

USE AT YOUR OWN RISK

These recreational trails contain many natural and constructed obstacles that may be dangerous to the inexperienced rider.

In case of emergency call 911

Trailhead across the street from Bings Landing 5862 N Oceanshore Blvd. Palm Coast, FL 32137

SORBA

The Flagler Area Biking Chapter of the Southern Off Road Bicycle Association (SORBA) voluntarily maintains the trail and technical features to create a safe and challenging course for mountain biking enthusiasts.

SORBA is the largest nonprofit mountain biking organization in the Southeast. The mission of the organization is to promote land access, trail preservation, and new trail development in order to enhance mountain bike touring, racing, fun, and fellowship for all mountain bicyclists in the southeastern United States.

To volunteer or join the Flagler Area Biking Chapter please visit www.FlaglerBiking.com.

TRAIL DIFFICULTY

- Easy
  - Firm stable surface suitable for most riders. No technical features.

- More Difficult
  - Mostly stable surface with some variability. Requires moderate level of fitness. Features are avoidable.

- Very Difficult
  - Widely variable surface with a 15% or less grade. Requires level of fitness and stamina. Features require rider to dismount and walk to avoid.

- Most Difficult
  - Surface mostly variable with a 20% or less grade. Riders must be capable of sustaining prolonged effort. Features require a high level of skill to be able to negotiate.
FOR MORE INFORMATION CALL (386) 313-4020 OR VISIT WWW.FLAGLERPARKS.COM
Mountain Bike Trail Maintained by Your Local Chapter of the Southern Off Road Bicycling Association
SORBA WWW.SORBA.COM