


January 2018

HAPPY★NEW★YEAR

Happy & Healthy in 2018

Monday	Tuesday	🛒 Wednesday 🛒	Thursday	Friday
<p>1 <u>HOLIDAY CLOSING</u></p> 	<p>2</p> <p>9:30 Open Pool Table</p> <p>11:00 Pantry Bingo</p> <p>12:15 Lunch</p>	<p>3 <u>SHINE</u></p> <p>9:30 Open Pool Table</p> <p>11:00 Health Benefits of Gentle Massage <i>w/Hannah L.M.T.</i></p> <p>12:00 Lunch</p> <p>1:00 SHOPPING: Target</p>	<p>4 <u>& MORE SHINE</u></p> <p>9:30 Open Pool Table</p> <p>11:00 Pantry Bingo</p> <p>12:15 Lunch</p> 	<p>5</p> <p>9:30 Open Pool Table</p> <p>11:00 GENTLE YOGA</p> <p>12:00 Lunch</p> 
<p>8 <u>LEGAL SERVICES</u> ★</p> <p>9:30 Open Pool Table</p> <p>11:00 Center for Visually Impaired</p> <p>12:00 Lunch</p>	<p>9</p> <p>9:30 Open Pool Table</p> <p>11:00 Pantry Bingo <i>Sponsor: Flagler Health & Rehab</i></p> <p>12:15 Lunch</p> 	<p>10 <u>SHINE</u></p> <p>9:30 Open Pool Table</p> <p>11:00 Granny Nannies</p> <p>12:00 Lunch</p> <p>1:00 SHOPPING: Wal-Mart</p>	<p>11 <u>& MORE SHINE</u></p> <p>9:30 Open Pool Table</p> <p>11:00 Pantry Bingo</p> <p>12:15 Lunch</p>	<p>12</p> <p>9:30 Open Pool Table</p> <p>11:00 GENTLE YOGA</p> <p>12:00 Lunch</p> 
<p>15 <u>HOLIDAY CLOSING</u></p> 	<p>16</p> <p>9:30 Open Pool Table</p> <p>11:00 Pantry Bingo</p> <p>12:15 Lunch</p>	<p>17 <u>SHINE</u></p> <p>9:30 Open Pool Table</p> <p>11:00 Self Care <i>w/FL Health Care</i></p> <p>12:00 Lunch</p> <p>1:00 SHOPPING: Target</p>	<p>18 <u>& MORE SHINE</u></p> <p>9:30 Open Pool Table</p> <p>11:00 Vitas Home Care <i>w/Andrea</i></p> <p>12:15 Lunch</p>	<p>19 <u>UCF Student Nurses</u></p> <p>9:30 Open Pool Table</p>  <p>11:00 GENTLE YOGA</p> <p>12:00 Lunch</p>
<p>22 <u>LEGAL SERVICES</u> ★</p> <p>11:00 SING-A-LONG <i>w/DRs CHOICE</i></p>  <p>Sponsor: FL HEALTH CARE</p> <p>12:00 Lunch</p>	<p>23</p> <p>9:30 Open Pool Table</p> <p>11:00 Pantry Bingo</p> <p>12:15 Lunch</p>	<p>24 <u>SHINE</u></p> <p>9:30 Open Pool Table</p> <p>11:00 How to Talk With Your Doctor <i>w/ Community Senior Advisors</i></p> <p>12:00 Lunch</p> <p>1:00 SHOPPING: Wal-Mart</p>	<p>25 <u>& MORE SHINE</u></p> <p>9:30 Open Pool Table</p> <p>11:00 Pantry Bingo</p> <p>12:15 Lunch</p> 	<p>26</p> <p>9:30 Open Pool Table</p> <p>11:00 GENTLE YOGA</p> <p>12:00 Lunch</p> 
<p>29</p> <p>9:30 Open Pool Table</p> <p>11:00 Musical Saw <i>w/Tim Martin</i></p> <p>12:00 Lunch</p> 	<p>30 <u>LEGAL SERVICES</u> ★</p> <p>9:30 Open Pool Table</p> <p>11:00 Pantry Bingo</p> <p>12:15 Lunch</p>	<p>31 <u>SHINE</u></p> <p>9:30 Open Pool Table</p> <p>11:00 BP Checks <i>w/Flagler Health Dept</i></p> <p>12:00 Lunch</p> <p>1:00 SHOPPING: Target</p>	<p>Community Legal Services of Mid-Florida</p> <p>FOR APPOINTMENTS</p> <p>407-322-8983 x 3122</p> <p><i>Ask for Patricia</i></p> <p>www.cismf.org</p> <p>February 12 & 27 ★</p>	<p>George Wickline Senior Center</p> <p><i>800 S. Daytona Avenue Flagler Beach, FL 32136 386-517-2435</i></p> 

For Reservations:
Call Shirley Laparo-Colant at 386-517-2435

George Wickline Senior Center Open:
Mon-Fri 9:30 AM – 1:00 PM

Activities are subject to change